

Malmstrom A&FRC  
Bldg. 800  
(406) 731-4900



Mon. Tues. Thurs. Fri.  
0700-1600  
Wed.  
0900-1600

\*Please call to schedule an appointment\*

## Readiness



**Post Deployment Reintegration**  
Mon.-Fri. | 0900-1000

**Pre Deployment Readiness Briefing**  
Tues. & Thurs. | 1000-1100

# JANUARY 2021



**EFMP** Family Support

Call (406)- 836-1036 for information on:

- EFMP Events
- Activity Kits
- Base and local resources

## EMPLOYMENT ASSISTANCE



1:1 Sessions Available!

Call (406) 731-3260 to schedule:

- 10 Steps to Federal Employment
- Basic Civilian Resume
- Interviewing & Dressing for Success
- LinkedIn101
- What Career Do I Want & How Do I Get There?

## TRANSITION ASSISTANCE

**DoD Transition Day**  
Mon. Jan 11 | 0800-1600

**VA Benefits & Services**  
Tues. Jan 12 | 0800-1600

**Employment Fundamentals of Career Transition**  
Weds. Jan 13 | 0800-1600

**Department of Labor Employment**  
Thurs. Jan 14 & Fri. Jan 15 | 0800-1600

Call (406) 731-3245 to schedule



## Personal Financial Readiness Individual Appointments

Available for Financial Education

- TSP
- BRS
- Budgeting
- Debt Elimination
- Credit Management
- Air Force Aid



FREE FICO CREDIT SCORE

## RELOCATION



Relocation requires members & families to make a host of decisions prior to leaving the current duty station, in route, and once they arrive at their new location.

Assistance and support is available through virtual tools, referrals & education.

**FREE** childcare is available for families in the process of a PCS move, at both the departing and inbound installations. Contact A&FRC for more information.

## Personal & Work Life

Workshops and individual appointments available:

Communication  
Time Management  
Relationships  
Parenting  
Stress Management  
Key Spouse Program  
MFLCs  
Information & Referral  
Heart Link  
Bundles for Babies  
True Colors



**True Colors**

Weds. Jan 13 | 1300-1530

**Bundles for Babies**

Weds. Jan 20 | 0900-1200

**Key Spouse Orientation**

Weds. Jan 27 | 0900-1600