

Malmstrom A&FRC

Bldg. 800

(406) 731-4900

\*Please call to schedule an appointment\*



Mon. Tues. Thurs. Fri.

0700-1600

Wed.

0900-1600

## EMPLOYMENT ASSISTANCE



1:1 Sessions Available!

Call (406) 731-3260 to schedule:

- 10 Steps to Federal Employment
- Basic Civilian Resume
- Interviewing & Dressing for Success
- LinkedIn101
- What Career Do I Want & How Do I Get There?

## TRANSITION ASSISTANCE

**DoD Transition Day**

Mon. Feb 18 & Feb 22 | 0800-1600

**VA Benefits & Services**

Tues. Feb 2 & Feb 23 | 0800-1600



**Employment Fundamentals of Career Transition**

Weds. Feb 3 & Feb 24 | 0800-1600

**Department of Labor Employment**

Thurs. Feb 4 & Feb 25 | 0800-1600

Fri. Feb 5 & Feb 26 | 0800-1600

**Career Technical Training Track (CTTT)**

Mon. Feb 22 & Tues. Feb 23 | 0800-1600

Call (406) 731-3245 to schedule

## Personal & Work Life

Workshops and individual appointments:

Communication  
 Time Management  
 Relationships  
 Parenting  
 Stress Management  
 Key Spouse Program  
 MFLCs  
 Information & Referral  
 Heart Link  
 Bundles for Babies  
 True Colors



**Heart Link Spouse Orientation**

Fri. Feb 19 | 0900-1200

dawn.beal@us.af.mil

## FEBRUARY 2021



**EFMP Family Support**

Call (406)- 836-1036 for

information on:

-EFMP Events

-Activity Kits

-Base and local resources

## Personal Financial Readiness

Individual Appointments Available for Financial Education

- TSP
- BRS
- Budgeting
- Debt Elimination
- Credit Management
- Air Force Aid



## FREE FICO CREDIT SCORE

## Readiness

**Post Deployment Reintegration**

Mon.-Fri. | 0900-1000



**Pre Deployment Readiness Briefing**

Tues. & Thurs. | 1000-1100

## RELOCATION



**Relocation Assistance**

Base In-processing

Tues. & Thurs. | 0730-1130

Contact your Unit CSS to get scheduled

The A&FRC has a host of virtual tools available and provides support through individual assistance, information, referrals & education for all your relocation needs.

Are your PCSing? Did you know you are authorized 20 hours of FREE childcare at both your losing and gaining base? Come visit us to obtain your voucher!