

Elkhorn Dining

march

sunday	monday	tuesday	wednesday	thursday	friday	saturday
 <p>TELL US WHAT YOU THINK. HOW CAN WE MAKE YOUR NEXT VISIT EVEN BETTER? YOUR VOICE COUNTS YOURDININGVOICE.COM</p>			 <p>Ramen Bar Favorites Begin Monday! MARCH 4 - APRIL 26 ONLY</p>	1	2	
3	4 Mardi Gras Mambo celebration tomorrow at DFAC	 <p>TRY OUR MARDI GRAS MENU Look For The Special Celebration Meal! March 5th</p>	6	7	8 Classic French Dip All Month @ DFAC	 <p>Available January-March Only French Dip shaved roast beef, dijon horseradish mayo, white sub, side of au jus 380 cal</p>
 <p>French Onion Melt shaved roast beef, provolone, caramelized onions, A1 sauce on a flatbread</p>	11  French Onion Flatbread Melt @ DFAC	12	 <p>march National Nutrition month (Better for you foods...) Fruits & Vegetables Grains Protein Dairy Healthy fats Sodium Saturated fats Trans fats Added sugars Alcohol</p>	14	15	16
17	18	 <p>Hawaiian Pizza ham, pineapple, mozzarella, honey mustard brown sugar glaze 830 cal</p>	20 Hawaiian Pizza & Southern Grilled Cheese @ DFAC	 <p>Southern Grilled Cheese bacon, tomato, pimento cheese spread on Texas Toast 630 cal</p>	22	23
24 / 31	25 Bangkok Sriracha Slaw Chicken Sandwich @ DFAC	 <p>Bangkok Sriracha Slaw Chicken Sandwich grilled chicken with lettuce, red onion and cilantro slaw on a toasted roll with sriracha mayo 430 CAL</p>	27	28	29	 <p>The scientific name for Banana is <i>Musa sapientum</i>, which means "fruit of the wise men." Americans eat an average of 27 pounds of Bananas per person every year. Bananas are low in calories and have no fat, no sodium & no cholesterol. They contain vitamin C, potassium, fiber & vitamin B6. grab a Banana this month</p>